



PERSONAL SOCIAL AND HEALTH AND RELATIONSHIPS EDUCATION
 FOREFIELD INFANT SCHOOL
 Nursery

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Relationships & Mental Health	Keeping/Staying Healthy & Hazard Watch	Computer Safety	Being Responsible	Keeping/Staying Safe	Feelings and Emotions
Learning Intentions Ongoing (Development Matters)	<p><i>Become more outgoing with unfamiliar people, in the safe context of their setting.</i></p> <p><i>Show more confidence in new social situations</i></p> <p><i>Play with one or more other children, extending and elaborating play ideas.</i></p> <p><i>Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</i></p> <p><i>Develop appropriate ways of being assertive.</i></p> <p><i>Talk with others to solve conflicts.</i></p> <p><i>Build constructive and respectful relationships</i></p> <p><i>Express their feelings and consider the feelings of others</i></p>					
Ongoing knowledge outcomes	<p><i>Know that they can seek comfort from a teacher if they are sad.</i></p> <p><i>Recognise a sad or happy face on a friend.</i></p> <p><i>Know some of the class rules and follow them correctly</i></p> <p><i>Know the Nursery class routines.</i></p> <p><i>Know they can help their class by helping with jobs such as tidy up time</i></p>					



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Knowledge outcomes	<p><i>Know and name the members of their immediate family.</i></p> <p><i>Name some of their friends in their peer group.</i></p> <p><i>Know when they are happy and sad.</i></p>	<p><i>Know that we are all special and talk about something we can do e.g. ride a bike</i></p>	<p><i>Know some things that are right and some things that are wrong linked to behaviour.</i></p>	<p><i>Know that animals need food and water.</i></p> <p><i>Know that people who care for us are special</i></p>	<p><i>Know that running around, being on our bikes etc. help keep us healthy.</i></p> <p><i>Know that vegetables are healthy foods.</i></p> <p><i>Know that when it is hot that you should wear sun cream, a sun hat and sit in the shade.</i></p>	<p><i>Know that I can talk to a grown up if I am worried.</i></p> <p><i>Know that some things can be recycled and reused.</i></p> <p><i>Know that it is important to care for our planet.</i></p>
1 decision focuses	<p><i>Blue Learns to Share- learning to play other games and share</i></p> <p><i>Pink is feeling sad- doesn't know why he is sad but that it is ok to be sad sometimes</i></p> <p><i>Pink misses Mummy- separation anxiety</i></p>		<p><i>Yellow play fights- play fighting at home with his brothers and why it is not a good idea</i></p>	<p><i>Purples Pet Bird- (linked to vets)</i></p>		<p><i>Pink goes to school – all about starting a new school</i></p>
Forefield Breadth of Curriculum	<p><i>Nursery charter/ establishing rules and routines</i></p> <p><i>Learning about families and friends</i></p>	<p><i>Why are we special? Who is special to us?</i></p> <p><i>Who loves us? Caring for special toys</i></p>	<p><i>Moral values- what is good/ what is not.</i></p> <p><i>Why is Mum special?</i></p>	<p><i>Celebration of new life</i></p> <p><i>How to care for our animals</i></p>	<p><i>How to care for ourselves</i></p> <p><i>How to care for animals</i></p>	<p><i>Transition to new class</i></p> <p><i>How to care for our planet (Michael Recycle)</i></p>



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	<i>Basic emotions- happy/ sad – linked to Colour Monster</i>				<i>Keeping ourselves safe</i>	
<i>Development Matters Links</i>	<i>Increasingly follow rules, understanding why they are important. Remember rules without needing an adult to remind them. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried.'</i>	<i>See themselves as a valuable individual.</i>	<i>Understand gradually how others maybe feeling</i>		<i>Be increasingly independent in meeting their own care needs e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly. Make healthy choices about food, drink, activity and toothbrushing.</i>	<i>Select and use activities and resources, with help when needed. This helps, them to achieve a goal when they have chosen, or one which is suggested to them. Develop their sense of responsibility and membership pf a community.</i>